



Transforming
health and social care
in Kent and Medway

Bringing the NHS

Long Term Plan

to **life**

in Kent and Medway

Transforming health and social care in Kent and Medway is a partnership of all the NHS organisations in Kent and Medway, Kent County Council and Medway Council. We are working together to develop and deliver the Sustainability and Transformation Plan for our area.



Tonight's agenda

6.30pm: Welcome and housekeeping

6.40pm: **Bringing the Long Term Plan to life in Kent and Medway**
(20 mins)

7pm: **Table discussions** (45 minutes)

7.45pm: Break (15 mins)

8pm: **Changing how we work to support the NHS Long Term Plan in your local area** (15 mins)

8.15pm: **Your questions** (15 mins)

8.30am: **Table discussions** (1 hour)

9.30: Close



Part one

about the Long Term Plan

What will patients get out of the NHS Long Term Plan?



The NHS Long Term Plan:

Published in January 2019 – sets key priorities for the NHS for the next 10 years

Focus on **preventing** the ‘**big killers**’ – cancer, stroke and heart disease



Improving support for children’s health, young people with mental health needs, autism and learning disabilities

An integrated care systems (ICS) to support better and **more joined up care** closer to home, out of big hospitals by making it easier for different **NHS services** and organisations, and **social care**, to **work together** for the benefit of local people

Your best life



Find out more at www.longtermplan.nhs.uk



Developing our response – a five year plan for Kent and Medway

- Developed in partnership
- Locally owned
- Clinically led
- Realistic and sustainable

Transforming health and social care in Kent and Medway

Kent County Council

Medway Serving You

NHS

Kent and Medway Strategy Delivery Plan 2019/20 to 2023/24

Our response to the NHS Long Term Plan published in January 2019.

Bringing the NHS Long Term Plan to life in Kent and Medway.

Our vision for Kent and Medway:
Quality of life, quality of care
Our vision is for everyone in Kent and Medway to have a great quality of life by giving them high-quality care.



Our engagement approach

Building on what you have told us in recent engagement including

- Local care
- Transformation work in east Kent
- Stroke services
- Prevention

Since January 2019 ...

A range of surveys, focus groups, meetings and targeted engagement with hard to reach communities, as well as these four events.

- Extensive engagement on children and young people's services
- Conference and survey on mental health
- Urgent Treatment Centre consultations and engagement
- Kent and Medway Care Record development
- Single CCG survey



Some headlines from our draft plan

Over the five years we will:

- Embed and integrate **prevention in everything we do**, reducing smoking to an all time low and tackle the underlying causes of obesity and alcohol abuse
- Develop new ways of working through primary care networks, so patients and communities have more ways to **access the right care when they need it**, saving lives of people with key illnesses and diseases
- Ensure that people with complex needs have access to **joined up integrated teams** of professionals across primary care, community care and mental health
- Increase the amount of people who benefit from **social prescribing opportunities** to support people's health and wellbeing
- Significantly **improve cancer survival**, with earlier diagnosis, better treatment and more support for survivors
- Improve the **coverage and uptake of bowel and cervical cancer screening** to detect and treat more cancers at an earlier stage.

and...



Some more headlines from our draft plan

Over the five years we will:

- Support people across Kent and Medway to have **good habits for looking after their emotional and mental wellbeing**, as a normal part of healthy life
- Make sure anyone attending A&E or hospital who is suspected of having a mental illness is **seen by a mental health practitioner within an hour**
- **Expand access to 'talking therapies'** for people who experience anxiety and depression
- Give **every patient online access to their full primary care record**, including the ability to add their own information, access online correspondence, and be supported by improved websites
- **Improve services for children and young people**, particularly for children with special educational needs, so every child has the best start in life. |



Over to you...

this evening's table discussions

- **Prevention**
 - tackling the causes of ill health such as smoking, obesity and alcohol
- **Digital**
 - making the most of technology
- **Cancer**
 - faster and better diagnosis and improved treatment and care
- **Local and primary care**
 - building more support in the community
- **Children's services**
 - designing services and support that give children and young people the best start in life
- **Mental health**
 - from promoting emotional wellbeing to addressing serious illness



Discussions



**Tables are
dedicated to one of
our priority areas.**

**Please visit as
many or as few
tables as you wish.**

On each table you'll find:

- a little more detail about some of the topics we've discussed earlier
- a number of key questions we would like you to think about
- a wider paper survey about the topics we are discussing tonight which you can also fill in now, or at home



Part two

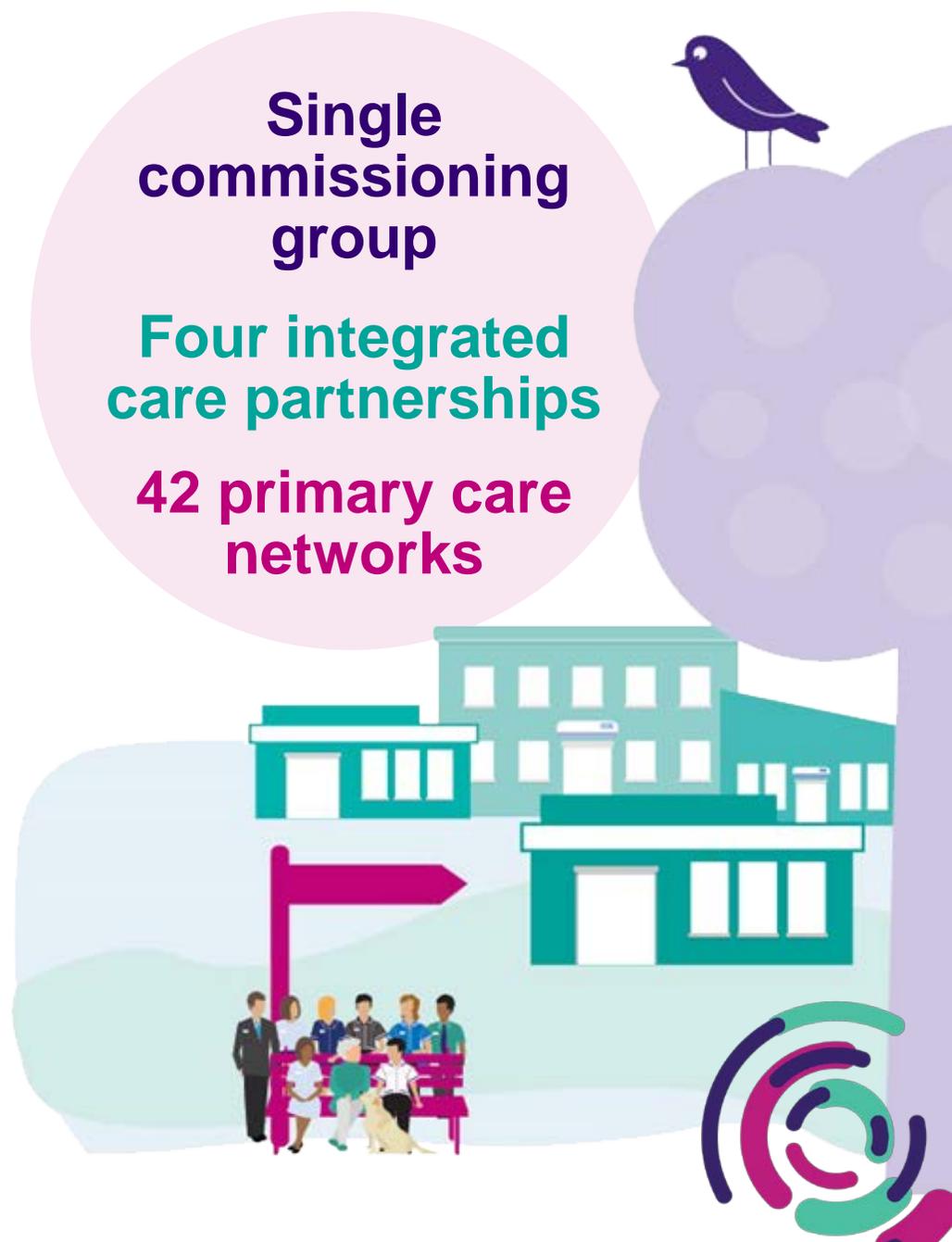
Changing how we work to support the NHS Long Term Plan in your local area

A new approach to how organisations work together

What's our plan?

- All GP practices working together in **primary care networks**
- Four new **integrated care partnerships** involving all health and care organisations, including NHS, local councils, social care and voluntary sector working together in a given area
- A **single commissioning group** for Kent and Medway, led by local doctors, to take a bird's eye view and look at where we can tackle shared challenges together such as cancer and mental health

Quality of life, quality of care



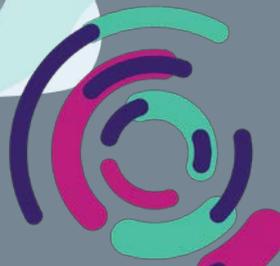
This approach will be known as the

Kent and Medway integrated care system

This is in line with the new NHS Long Term Plan published earlier in 2019.



Quality of life, quality of care



An integrated what...?

- An integrated care system is when all organisations involved in health and social care work together in different, more joined-up ways.
- The focus is on providing care in a way that benefits patients not what is easiest for organisations.
- From family doctors, to mental health staff, community teams and our major hospitals, we're going to be pooling our resources, skills and expertise to make care and support better for our residents.
- This new approach is still a work in progress, some of the details of how the new arrangements will work are still being developed.



What are the benefits to me and my family?

- More support to **stay fit and well** before things become a problem
- Better **access to the care you need**, when you need it, in a **way that suits you** – e.g. evenings, weekends, over the phone, by video link or face-to-face with a physio, nurse, clinical pharmacist, GP, or support from a non-medical service
- More focus on your physical AND mental health and wellbeing – on what **matters to you, not the condition or disease** that you may have
- More care out of hospital, with staff **working together as a single team across organisations** to help people stay as well as possible and get the care they need when they need it
- Better identification of the **issues that need tackling** and a real **focus on quality** services, wherever they are provided



Quality of life, quality of care



What are primary care networks?

- Groups of neighbouring **GP practices working together** to offer enhanced services
- Generally cover a population of around 30,000 to 50,000
- Can employ staff directly
- From 1 July 2019 there will **be around 42 primary care networks in Kent and Medway**, each with an accountable clinical director.
- Working towards offering bookable **appointments evenings and weekends**
- Looking ahead, primary care networks will offer a **wider range of services** and health professionals in local communities, for example:
 - physiotherapy, social prescribing, counselling and talking therapies
 - community paramedics, specialist nurses (e.g. for diabetes), dementia and mental health workers, health and care co-ordinators, social care staff, pharmacists
- Primary care networks will help us to keep people with the highest need well and **ensure everyone can access the right care quickly** when they need it

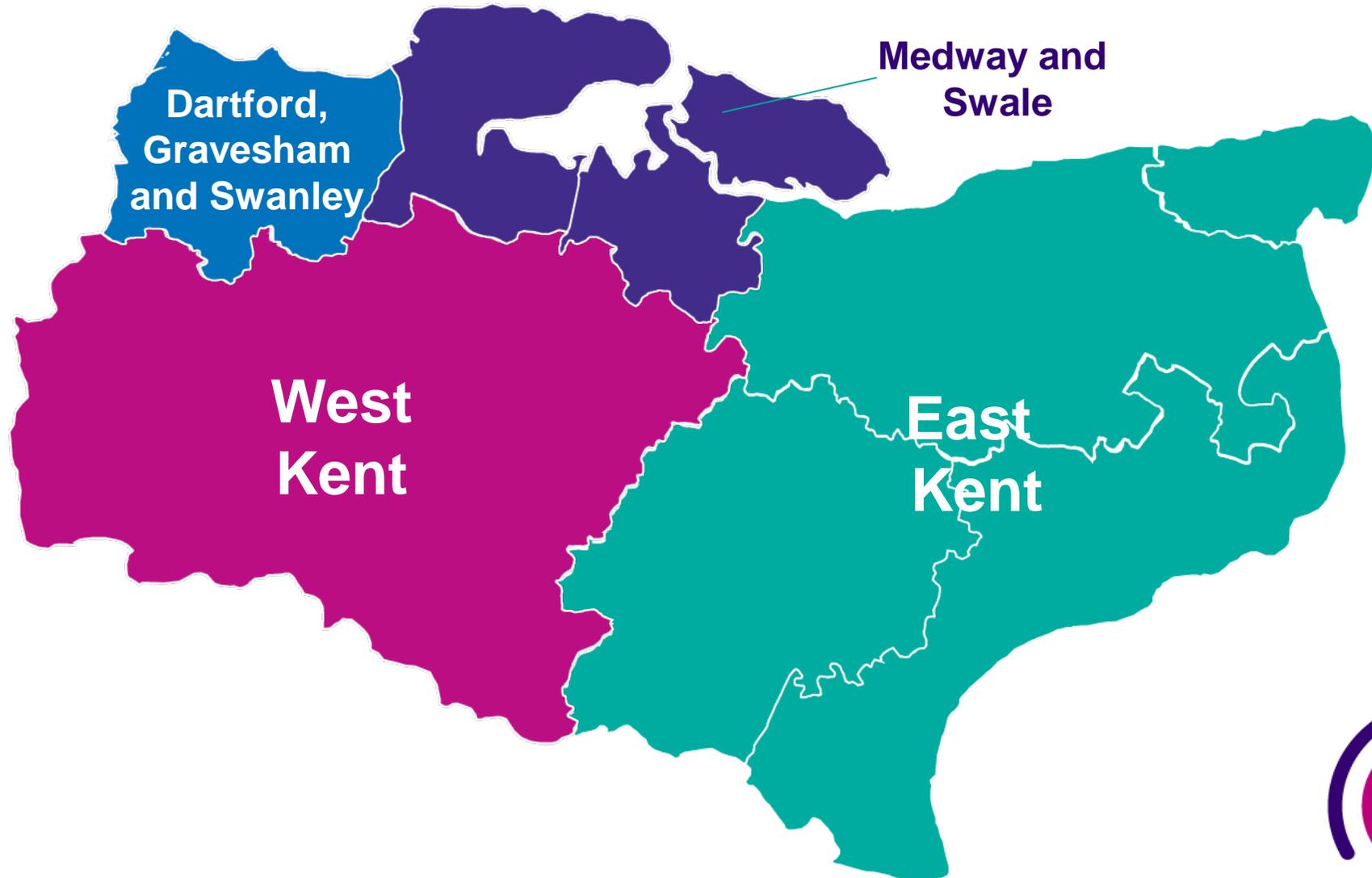


What are integrated care partnerships?

- Bring together **all organisations providing health and care** in a given area to work as one
- Each organisation has its **own budget** but will agree together **how it is spent** for **benefit of local community**
- Partnerships can **design and deliver services to meet needs of everyone** they serve – based on their local population
- Can focus services on areas of greatest need, helping to **reduce health inequalities** and **improve life expectancy**
- Staff can **work in teams** regardless of who employs them (children and young people, and people with long term conditions may particularly benefit)
- Can work more **closely with local council** – not just with social care and public health colleagues, but also education, planning, housing, environmental health, leisure etc
- We're planning **four integrated care partnerships** from April 2020 based on how patients currently use hospital services: east Kent; Dartford, Gravesham and Swanley; Medway and Swale; and west Kent



Proposed integrated care partnerships for Kent and Medway



What is a single clinical commissioning group?

- Currently **eight clinical commissioning groups** in Kent and Medway
- CCGs commission services for local population – can **lead to variation**
- Currently **no ‘bird’s eye view’** in Kent and Medway – primary care networks and integrated care partnerships will take the local view in future
- A single commissioner would **focus on health needs of whole population** and would set out what integrated care partnerships need to do to meet them
- Single commissioner could also **commission some specialist services** for the whole of Kent and Medway, for example cancer care and children’s services
- Single commissioner would be **led by doctors** and other healthcare professionals
- If governing bodies and GP members agree this is the right way forward, we will submit an application to NHS England and NHS Improvement this month (September) and aim for the **single commissioner to start in April 2020.**





Any questions?

Discussions



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Closing remarks